




MENU FOR AUGUST, 2010

| Mon | Tue | Wed | Thu | Fri | INFORMATION: |
|---|--|---|--|--|---|
| <p>2</p> <p>JUMBO BEEF HOTDOG BAKED BEANS SPINACH W/ CREAM SAUCE HOT DOG BUN PINEAPPLE CHUNKS</p> | <p>3</p> <p>BBQ CHICKEN FILLET POTATOES O'BRIEN FOUR BEAN SALAD HAMBURGER BUN FRESH ORANGE</p> | <p>4</p> <p>SWEET & SOUR RICE W/ CHICKEN & VEGGIES ORANGE JUICE MIXED VEGETABLES MULTIGRAIN BREAD APRICOT HALVES</p> | <p>5</p> <p>SWISS STEAK MASHED POTATOES GLAZED CARROTS FRESH NECTARINE WHEAT BREAD (2) FRUITED GELATIN SUGAR FREE GELATIN</p> | <p>6</p> <p>STUFFED PASTA SHELLS W/ MEAT SAUCE ZUCCHINI IN ITALIAN SAUCE TOSSED SALAD WHOLE WHEAT BREAD FRESH TANGERINE RANCH DRESSING</p> | <p>SENIOR SERVICES 1-815-723-9713</p> <p>TOLL FREE : 1-800-892-1412 TDD: 1-815-723-1718</p> <p>NUTRITION OFFICE: 1-815-726-0094</p> |
| <p>9</p> <p>CHICKEN PARMIGIANA DICED CARROTS ORANGE JUICE HAMBURGER BUN PEAR HALVES</p> | <p>10</p> <p>BEEF STEW W/ POTATOES & VEGGIES LIMA BEANS APPLE-CRAN JUICE RYE BREAD OATMEAL COOKIE DA:GRAHAM CRACKER</p> | <p>11</p> <p>BEEF TIPS W/ MUSHROOMS & GRAVY SCALLOPED POTATOES BROCCOLI GRAPE JUICE WHOLE WHEAT BREAD APPLE CINNAMON CRISP</p> | <p>12</p> <p>CHICKEN FILLET SPINACH FRESH APPLE PINEAPPLE JUICE HAMBURGER BUN CHOCOLATE PUDDING DA: FRUIT PUNCH</p> | <p>13</p> <p>FETTUCINI ALREDO W/ CHICKEN SUCCOTASH TOSSED SALAD ITALIAN DRESSING DINNER ROLL FRESH ORANGE</p> | <p>MEALS DELIVERED BETWEEN 11:30 AND 1:30</p> <p>MARGARINE & MILK DAILY</p> <p>MENUS SUBJECT TO CHANGE DA= DIABETIC</p> |
| <p>16</p> <p>SMOKED SAUSAGE FOUR BEAN SALAD DICED CARROTS HOT DOG BUN FRUIT COCKTAIL</p> | <p>17</p> <p>CHICKEN W/ WILD RICE GREEN GARDEN PEAS MASHED SWEET POTATOES MULTIGRAIN BREAD SLICED PEACHES</p> | <p>18</p> <p>TACO FILLING W/ SAUCE CORN TOSSED SALAD RANCH DRESSING APPLE TORTILLA ROUNDS SALSA CORN MUFFIN</p> | <p>19</p> <p>VEGETABLE LASAGNA GREEN GARDEN PEAS DICED CARROTS WHOLE WHEAT BREAD SLICED PEACHES</p> | <p>20</p> <p>MEATLOAF W/ JARDINERE SAUCE MASHED POTATOES TOSSED SALAD ITALIAN DRESSING ORANGE PINEAPPLE JUICE WHOLE WHEAT BREAD CARROT MUFFIN</p> | <p>SITE PHONE NUMBERS CALL FOR RESERVATIONS</p> <p>LOCKPORT 1-815-838-5885</p> <p>STEVENSON (JOLIET) 1-815-744-6819</p> |
| <p>23</p> <p>BEEF STROGANOFF W/ RICE SPINACH GRAPE JUICE MULTIGRAIN BREAD PINEAPPLE CHUNKS</p> | <p>24</p> <p>BBQ BEEF LIMA BEANS CREAMY COLESLAW HAMBURGER BUN APRICOT HALVES</p> | <p>25</p> <p>TURKEY BREAST W/ STUFFING & GRAVY SUCCOTASH ORANGE PINEAPPLE JUICE WHOLE WHEAT BREAD PEAR HALVES</p> | <p>26</p> <p>CHICKEN MARSALA COUNTRY POTATOES ITALIAN MIXED VEGETABLES APPLE JUICE MULTIGRAIN BREAD VANILLA CUPCAKE DA: FRESH PEACH</p> | <p>27</p> <p>SPAGHETTI W/ MEATBALLS YELLOW SQUASH TOSSED SALAD FRENCH DRESSING DINNER ROLL FRESH TANGERINE</p> | <p>FRANKFORT 1-815-469-1499</p> <p>JOSHUA ARMS (JOLIET) 1-815-726-3194</p> <p>EASTERN WILL 1-708-534-3905</p> <p>BOLINGBROOK 1-630-759-3411</p> |
| <p>30</p> <p>JUMBO BEEF HOTDOG BAKED BEANS SPINACH W/ CREAM SAUCE HOT DOG BUN PINEAPPLE CHUNKS</p> | <p>31</p> <p>BBQ CHICKEN FILLET POTATOES O'BRIEN FOUR BEAN SALAD HAMBURGER BUN FRESH ORANGE</p> |  |  |  | <p>NEW LENOX 1-815-485-7187</p> <p>TROY (WED&FRI ONLY) 1-815-744-1968</p> <p>SENIOR SERVICES 1-815-740-4208</p> <p>TO CANCEL A MEAL :</p> |